



Course Outline

CHC33015 Certificate III in Individual Support

Start your career in Individual Support

Do you want to be a:

- Home Care Assistant
- Personal Carer
- Aged Care Worker
- Disability Support Worker
- Community Support Worker

This is an entry-level qualification for anyone wishing to commence a career in the community services sector or have their knowledge and skills recognized.



This qualification reflects the role of workers in the community and/or residential setting who follow an individualized plan to provide person-centered support to people who may require support due to ageing, disability or some other reason.

Work involves using discretion and judgement in relation to individual support as well as taking responsibility for own outputs. Workers have a range of factual, technical and procedural knowledge, as well as some theoretical knowledge of the concepts and practices required to provide person-centered support.

What will I learn?

Topics covered in this course include:

- Provide individualised support
- Support independence and well-being
- Communicate and work in health or community services
- Recognise healthy body systems
- Facilitate the empowerment of older people or people with disabilities
- Support relationships with carers and families

How is it delivered?

This course is available through the following options:

- **Face-to-face training** is offered through workshops, self-paced study, vocational placement and tutorial support.

Distance training is delivered through blended learning including self-paced study using workbooks and supported with phone and email tutorial support. A range of options are available to best suit your learning style.

Units of Competency

How many units are needed for the qualification?

You must be assessed as competent in a total of 13 units of competency, 7 core units and 6 elective units to be awarded the CHC33015 Certificate III in Individual Support.

Core

- CHCCCS015 Provide individualised support
- CHCCCS023 Support independence and wellbeing
- CHCCOM005 Communicate and work in health and community services
- CHCDIV001 Work with diverse people
- CHCLEG001 Work legally and ethically
- HLTAAP001 Recognise healthy body systems
- HLTWHS002 Follow safe work practices for direct client care

Electives (6 elective units in total must be completed. Choose either Group A or Group B. Group C must be undertaken. Other units are offered through RPL)

Group A – Ageing Specialisation

- CHCAGE001 Facilitate the empowerment of older people
- CHCAGE005 Provide support to people living with dementia
- HLTHPS006 Assist clients with medication
- CHCHCS001 Provide home and community support services

Group B – Disability Specialisation

- CHCDIS001 Contribute to ongoing skills development using a strengths-based approach
- CHCDIS002 Follow established person-centred behavior support
- CHCDIS003 Support community participation and social inclusion
- CHCDIS007 Facilitate the empowerment of people living with a disability

Group C – Common Units Ageing & Disability

- CHCCCS011 Meet personal support needs
- CHCCCS025 Support relationships with carers and families

Course information

Course Requirements

As part of the course, you are must complete at least 120 hours of work placement. Your work placement provides the opportunity to:

- Strengthen experience of the workplace to support future expectations of performance in the workforce
- Develop practical skills and the application of knowledge within the workplace to promote stronger embedding of learning
- Provide exposure to real workplace situations and circumstances which cannot be replicated in a learning environment or through

Please note that certain units have practical work placement hours that are required to be completed before the unit is deemed competent. These hours can be completed within your practicum. If you are currently working, these hours can be counted.

Recognition of Prior Learning

Your history of life and work experiences as well as formal and informal training may be applied using the Recognition of Prior Learning (RPL) process. All students are offered RPL upon enrolment or commencement of training. Documentary evidence will be required.

Resources

Participants will be provided with:

- Learning Guides and Assessment Guides for each unit
- Participant Handbook and Course Guides
- Access to additional supports

Funding & Costs

This qualification is offered through:

- Certificate 3 Guarantee
- Fee-for-Service
- Engaging Communities for Learning

You can refer to the following documents for further information:

- Course Fee Guide
- Funding & Program Fact Sheet
- Policies & procedures
- Handbooks

How do I enrol?

You can download the enrolment form directly from our webpage, have it emailed to you or drop in and see us. If you are not ready to enrol but are interested, please contact us or visit our webpage.

Want more information?

Visit: www.cedarcentre.com.au

Call: 07 4512 6770

Email: info@cedarcentre.com.au

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