



Course Outline

CHC43315 Certificate IV in Mental Health

Start your career in Mental Health

Do you want to be a:

- Mental Health Worker
- Welfare Worker
- Caseworker
- Family Support Worker

This qualification is for anyone wishing to commence a career in the community services sector working with people with mental health issues or those currently working in the sector to have their knowledge and skills recognised.



This qualification reflects the role of workers who provide self-directed, recovery oriented support for people affected by mental illness and psychiatric disability. Work involves implementing community based programs and activities focusing on mental health, mental illness and psychiatric disability.

Work is undertaken in a range of community contexts such as community based non-government organizations, home based outreach, centre-based programs, respite care, residential services, rehabilitation programs, clinical settings, or supporting people in employment. Work is carried out autonomously under the broad guidance of other practitioners and professionals.

What will I learn?

Topics covered in this course include:

- Work legally and ethically
- Establish recovery relationships and provide recovery oriented services
- Working collaboratively with the care network and other services
- Facilitating responsible behaviour and supporting independence and wellbeing
- Recognising and responding to crisis situations

How is it delivered?

This course is available through the following options:

- **Face-to-face training** is offered through workshops, self-paced study, vocational placement and tutorial support.
- **Distance training** is delivered through blended learning including self-paced study using workbooks and supported with phone and email tutorial support. A range of options are available to best suit your learning style.

Units of Competency

How many units are needed for the qualification?

You must be assessed as competent in a total of 15 units of competency, 11 core units and 4 elective units to be awarded the CHC43315 Certificate IV in Mental Health.

Core

- CHCDIV001 Work with diverse people
- CHCDIV002 Promote Aboriginal and/or Torres Strait Islander cultural safety
- CHCLEG001 Work legally and ethically
- CHCMHS002 Establish self-directed recovery relationships
- CHCMHS003 Provide recovery oriented mental health services
- CHCMHS004 Work collaboratively with the care network and other services
- CHCMHS005 Provide services to people with co-existing mental health and alcohol and other drugs issues
- CHCMHS007 Work effectively in trauma informed care
- CHCMHS008 Promote and facilitate self-advocacy
- CHCMHS011 Assess and promote social, emotional and physical wellbeing
- HLTWHS001 Participate in work health and safety

Electives (other units may be chosen dependent on delivery stream)

- CHCCCS018 Recognise and respond to crisis situations
- CHCCCS009 Facilitate responsible behaviour
- CHCCCS023 Support independence and wellbeing
- CHCMHS006 Facilitate the recovery process with the person, family and carers

Course information

Course Requirements

As part of the course, you are required to complete 80 hours of work placement within a mental health or community services facility. Your work placement provides the opportunity to:

- Strengthen experience of the workplace to support future expectations of performance in the workforce
- Develop practical skills and the application of knowledge within the workplace to promote stronger embedding of learning
- Provide exposure to real workplace situations and circumstances which cannot be replicated in a learning environment or through

Please note that certain units have practical work placement hours that are required to be completed before the unit is deemed competent. These hours can be completed within your practicum. If you are currently working, these hours can be counted.

Note: *All participants undertaking this course must apply for a Blue Card prior to commencing Vocational Placement. There is no cost associated with applying for a Blue Card when you apply through CEDAR Centre as a student. Further information on the Blue Card can be found at <https://www.bluecard.qld.gov.au/volunteers/index.html>

Recognition of Prior Learning

Your history of life and work experiences as well as formal and informal training may be applied using the Recognition of Prior Learning (RPL) process. All students are offered RPL upon enrolment or commencement of training. Documentary evidence will be required.

Resources

Students will be provided with:

- Workbooks and Assessment Guides for each unit
- Student Handbook and Course Guides
- Access to additional supports

Funding & Costs

This qualification is offered through:

- Higher Level Skills*
- Fee-for-Service

*to be eligible for HLS funding you must be an existing worker in the community services industry

You can refer to the following documents for further information:

- Course Fee Guide
- Funding & Program Fact Sheet
- Policies & procedures
- Handbooks

How do I enrol?

You can download the enrolment form directly from our webpage, have it emailed to you or drop in and see us. If you are not ready to enrol but are interested, please contact us or visit our webpage.

Want more information?

Visit: www.cedarcentre.com.au

Call: 07 4512 6770

Email: info@cedarcentre.com.au

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